

# Custom Wellness Plan

## Sample Taxable WSA Expense List

Alternative Practitioner	Personal	Alternative Health
<ul style="list-style-type: none"> <li>Aromatherapy</li> <li>Craniosacral</li> <li>Holistic (alternative) medicine or practitioner</li> <li>Meditation classes</li> <li>Reflexology</li> <li>Reiki</li> </ul>	<ul style="list-style-type: none"> <li>Cell phone</li> <li>Child daycare services</li> <li>CPR Training</li> <li>Financial Advisor Fees</li> <li>Language program</li> <li>Legal Fees</li> <li>Life Coach</li> <li>Parking</li> <li>Personal development course</li> <li>Personal RRSP/RESP contribution reimbursement</li> <li>Professional Membership</li> <li>Transportation expense such as bus passes, city transit, ride-share</li> </ul>	<ul style="list-style-type: none"> <li>Medic Alert bracelet/neck chain</li> <li>Smoking cessation programs</li> <li>Therapeutic Wellness Aids: Including Non-Prescribed and Prescribed Equipment</li> <li>Vitamins and Supplements</li> <li>Weight Loss Program</li> </ul>

Fitness & Sporting Goods	Cosmetic	Other
<ul style="list-style-type: none"> <li>Dance Lessons</li> <li>Ergonomic Office Equipment</li> <li>Fitness equipment</li> <li>Fitness trackers</li> <li>Floatation therapy (float tank)</li> <li>Golf (green fees)</li> <li>Gym membership</li> <li>Horseback riding</li> <li>Kids Sports Fees</li> <li>Personal training</li> <li>Self-defense course</li> <li>Ski passes</li> <li>Sporting goods</li> <li>Yoga, Pilates, Barre</li> </ul>	<ul style="list-style-type: none"> <li>Cosmetic Dentistry</li> <li>Cosmetic Dermatology</li> <li>Cosmetic Procedures</li> <li>Hair replacement</li> <li>Teeth whitening</li> </ul>	<ul style="list-style-type: none"> <li>Accessible Parking Permit</li> <li>Camping Fees</li> <li>Cleaning services</li> <li>Doula services</li> <li>Elder Care</li> <li>Lactation Consulting</li> <li>Non-prescription glasses/sunglasses</li> <li>Pet daycare</li> <li>Pet Insurance</li> <li>Prenatal Education Classes</li> <li>Safety glasses</li> <li>Spa Services</li> <li>Treatment centre/spas</li> <li>Veterinary Fees</li> </ul>

**Disclaimer:**

This list is a sample list of common WSA categories and is completely customizable. The advisor can make any changes to the list as needed during the plan design.

